

## How to wind flowers

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Frame can be placed on a flat surface, or held in one hand, with one notch towards you.

Slot the end of the yarn into a notch and wrap around the outside of the opposite peg at the top of the frame, do not stretch yarn. Bring the yarn across diagonally and wrap around the opposite peg at the near edge of the frame.

Repeat forming a figure of eight around the two pegs. (fig.1)

Repeat, so that each petal has as many loops as required.

Move to the next peg and wind in the same way around the peg diagonally opposite. (fig.1 shows just one loop per peg - you can build up your layers in this manner if you prefer)

Do this until all pegs have loop petals around them.

Cut the yarn leaving about 50cm for sewing. With a tapestry needle, thread yarn and push needle through to the back at the centre.

To finish off, bring the needle up between a set of loops and backstitch around the centre over each set of loops taking care not to split the yarn. End with the needle at the back of centre and fasten off. (fig. 2)

Push the flower to the top of the pegs then remove one petal at a time, and trim any loose ends as close to the centre as possible.

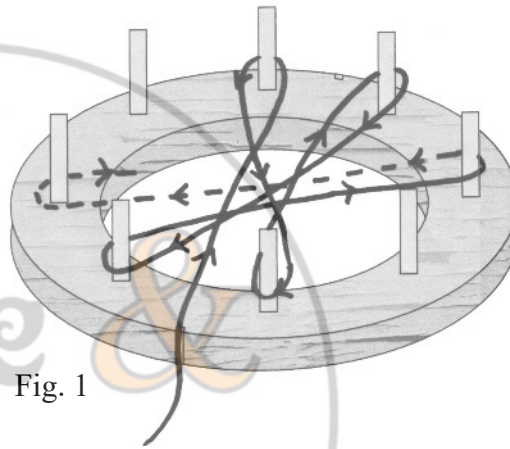


Fig. 1

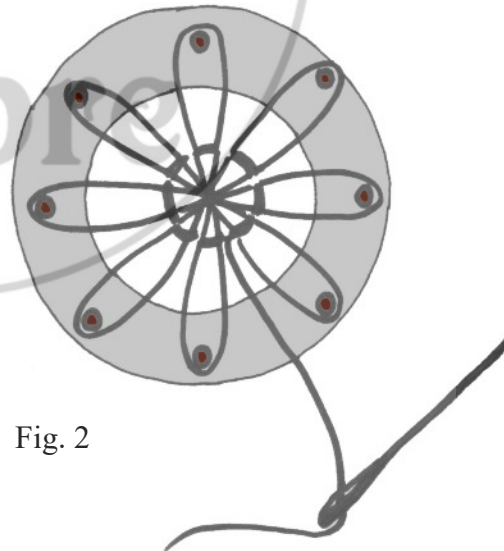


Fig. 2