How to wind flowers

Large petals - 3 loops
Small petals - 2 loops

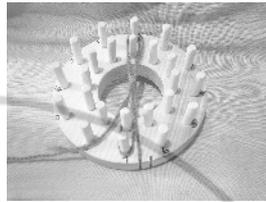Place frame on a flat surface with the 2 notches at the bottom.

Wind the large outer petals first.
Slot the end of the yarn into a notch and wrap around the outside of the opposite outer peg at the top of the frame. Bring the yarn across diagonally and wrap around the opposite peg at the near edge of the frame. Repeat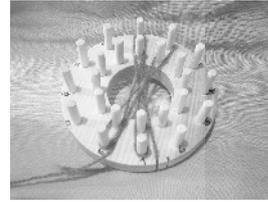 forming a figure of eight around the two pegs. (fig.1) Repeat, so that each petal has 3 loops. Move to the next outer peg and wind in the same way around the peg diagonally opposite. (fig.2)
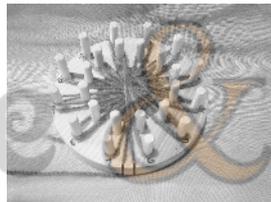Do this until all 9 pegs have 3 loop petals around them. Cut the yarn and slot into the other notch in the frame. (fig.3)
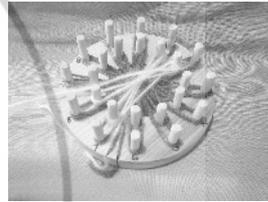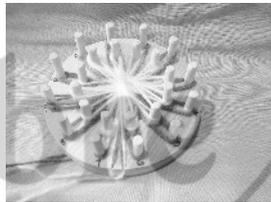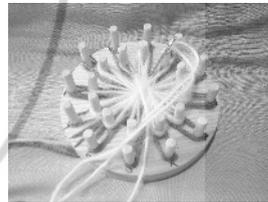
Now take same or contrasting colour yarn and slot the end into a notch as previously, leaving the first yarn in place. (fig.4). Proceed as for outer petals but winding the yarn around the inner pegs. Continue until all 12 pegs have 2 loops around them. (fig.5)

Cut the yarn leaving about 50cm for sewing. With a tapestry needle, thread yarn and push needle through to the back at the centre. (fig.6).
To finish off, bring the needle up between a set of loops and backstitch around the centre over each set of loops taking care not to split the yarn. End with the needle at the back of centre and fasten off.

Push the flower from the back of the frame to remove, and trim any loose ends as close to the centre as possible.

The flowers can be edged by crocheting around the outside petals and then joining together (see examples opposite).

(1)

(2)

(3)

(4)

(5)

(6)

Example 1:-
Join yarn to an outside petal * 5 ch. 1 d.c. Into petal. Repeat from * to last petal on flower, sl. St. Into last petal and fasten off.

Example 2:-
Join yarn to an outside petal. Work 3ch. 2tr. 3ch. 3tr. All into the same petal. * 3tr. Into next 2 petals, 3tr. 3ch. 3tr. All into next petal. Repeat from * to end, sl. st. Into top of 3ch. Fasten off yarn