Knitting boards are perfect for creating items
that you want to look the same on both sides.
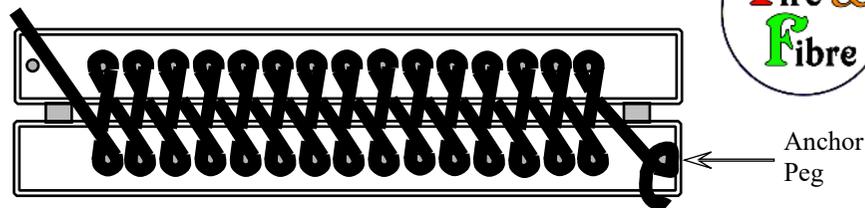

FIGURE 1 - starting off and wrapping the 1st row.

THREADING

1st Row

Secure the yarn around an anchor peg. Take yarn to the left side of the top peg and wrap around it, then take the yarn to the bottom 1st peg and wrap it from the left and go around the peg to the right as if you are doing a figure of 8. Then with the yarn coming from the right, go up to the 2nd peg and wrap it from the left to the right, and then go to the 2nd bottom peg and wrap from the left to the right. Continue in this way to the end of the board. See FIG 1.
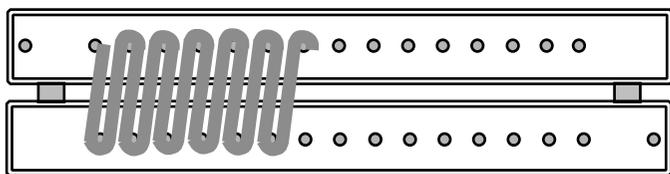

FIGURE 2 - the zig-zag wrap method

2nd Row

The 2nd row is called a zig-zag wrap. With the yarn going up towards the top of the board, wrap the 1st top board by going from the left to the right and going down to the bottom 1st peg and wrapping it from the left to the right. Continue doing this until you have wrapped the whole board.

FIG 2 shows how the 2nd wrap looks by itself.
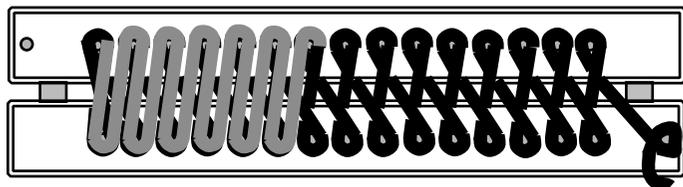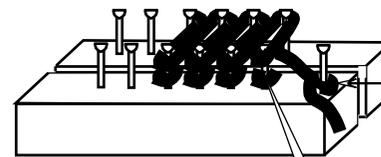FIG 3 shows how the 2nd wrap looks when done over the 1st wrap.

FIGURE 3 - the 2nd row in progress

Secure yarn around
Anchor Pin while
'Knitting Off'

Insert 'pick', crochet hook or needle under bottom loop

KNITTING OFF

With your 'pick', crochet hook or needle, lift up the bottom loop and take it over the top loop and off the peg. Repeat along the whole side of the board. Turn the board around and repeat the procedure on that side.
Once you have finished knitting off over the 1st row, wrap the pegs again using the zig-zag method.
Knit off again and continue zig-zag wrapping and knitting off until the item is the required length.
After 3 wraps, free the starting tail of yarn from the anchor peg so that the work can go down the slit in the centre of the board.

REMOVAL FROM THE BOARD

Make sure there is only 1 loop on each of the pegs. Transfer the loops from the pegs on one side of the board to the pegs on the opposite side. Knit off, hooking 1 loop over each peg. There is now only 1 loop on each peg on one side of the board. Cut yarn leaving a tail of about 20cm. Then, on the opposite side of the board, take the loop off the 1st peg and place it on a crochet hook. Then take the loop off the 2nd peg and place it on the crochet hook. Pass the 2nd loop through the 1st stitch that was on the crochet hook, leaving 1 stitch on the hook. Do the same with the rest of the pegs. When you reach the last loop do one chain with the crochet hook and tie a knot. Sew in the yarn tail.

TIPS

- Knit a small sample first to familiarize yourself
- Wrap pegs loosely
- If using thin yarns wrap the board 3 times then lift the bottom loop over the 2 upper loops - this will give a tighter stitch
- Some yarns do not stretch so wrap them very, very loosely.
- Experiment with different style wraps

www.fireandfibre.co.uk
admin@fireandfibre.co.uk